

St. Alexius Medical Center



Regional Children's Asthma Clinic



Helping kids lead active lives



St. Alexius
PrimeCare
st.alexius.org

The Regional Children's Asthma Clinic is offered to children ages birth to 21 years living in central or western North Dakota who have suspected or previously diagnosed asthma. Initial visits take approximately three hours. Visits may be scheduled as often as necessary to feel comfortable with controlling asthma signs and symptoms.

To schedule an appointment, please call:
(701) 530-8520



This service is a supplement to healthcare and does not replace the care of a family physician. A comprehensive report is sent to the primary care physician.



Who's in charge...you or your asthma?

Clinical staff works together as a team to help children and their families gain control over their asthma. Self-management education is taught by certified asthma educators. A child may see several different members of the healthcare team in one clinic visit.

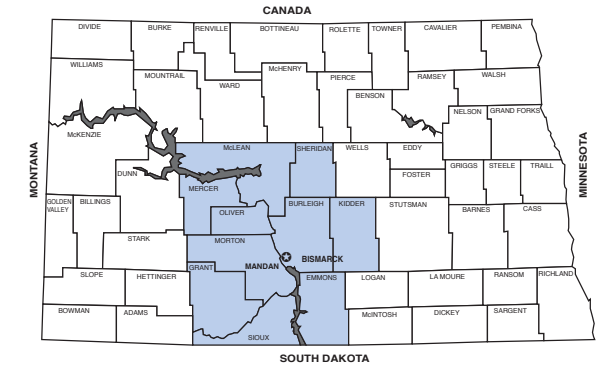


Funding

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Supported By

- St. Alexis Medical Center Foundation
- Bismarck-Burleigh Public Health
- St. Alexis Community Pharmacy
- UND School of Medicine and Health Sciences



The Regional Children's Asthma Clinic provides service to the residents of Region V in south central North Dakota. The counties included in Region V are McLean, Sheridan, Mercer, Oliver, Burleigh, Kidder, Morton, Grant, Sioux, and Emmons.

Services are also offered to children outside of the core Region V service area.

Through this program you will learn:

- How lungs function and what happens when you have an asthma episode
- How to follow an asthma action plan
- How to recognize asthma signs and symptoms
- How medication works to control asthma symptoms
- How exercise induced asthma is kept under control
- How to properly use your asthma equipment (inhaler, nebulizer, and/or peak flow meter)
- How asthma “triggers” can be kept under control at home and school
- How to obtain resources from the community

Regional Children's Asthma Clinic



900 East Broadway
Bismarck, ND 58501
(701) 530-7065